

7 HABITS TRAIL MIX

HABIT ONE - BE PROACTIVE

"Mr. Meant To has a comrade,
and his name is Didn't Do.
Have you ever chanced to meet them?
Did they ever call on you?
These two fellows live together
in the house of Never Win;
And I'm told that it is haunted
by the ghost of Might Have Been."
-Anonymous

Be smart with  .


HABIT TWO - BEGIN WITH THE END IN MIND

Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover.
-Mark Twain

Set goals, such as making  .


HABIT THREE - PUT FIRST THINGS FIRST

The key is not to prioritize what's on your schedule, but to schedule your priorities.
-Stephen Covey

Take care of yourself with  .


HABIT FOUR - THINK WIN-WIN

I'm going to make sure that we walk away feeling like we've both done well.
-Joanna Shields

Give yourself an emotional bank account deposit with a  .

HABIT FIVE - SEEK FIRST TO UNDERSTAND, THEN TO BE UNDERSTOOD

Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen.
-Winston Churchill

Quietly occupy your mouth with a  while you listen.

HABIT SIX - SYNERGIZE

A dream you dream alone is only a dream. A dream you dream together is reality.
-John Lennon

Stick together with some  .

HABIT SEVEN - SHARPEN THE SAW

If you look closely you can see that they are all interconnected...
-Kit Williams

Come full circle with some  .